

Directions for Winter Headband/ October 2003

(This project utilizes letters from our Blizzard Monogram Set.)

Step 1. Print the instructions.

These are .pdf files, and require Adobe Acrobat Reader software in order to view and print.

Step 2. Review instructions and materials required (materials list at the end of these instructions).

Step 3. Merge Designs to create the lettering.

The Blizzard Monogram Set consists of 52 designs (A-Z in two versions).

We used the larger and the smaller size letters from this style in combination to spell “BRR” as an interesting accent to this cold weather accessory.

If you are using a pre-constructed headband, be sure that the word BRR is not too tall for the width of the headband, resizing the combination as required within your embroidery software program.

In any case, merge the three letters within your embroidery software program. Once you are happy with the placement of the various parts, save the design under a new filename.

Step 4. Constructing the headband (Optional)

If you are constructing your headband from Polar Fleece fabric, cut a piece approximately 7” wide x 21” long. Do the embroidery first (see below), then complete the construction.

Step 4. Embroider the design.

If you are using a pre-constructed headband, hoop the headband along with one layer of medium weight tearaway backing.

Make sure that the headband is hooped straight before completing the embroidery and removing the tear-away backing.

Use the same backing if you are constructing the headband after embroidery.

Step 5. Completing the construction (Optional)

Once the embroidery is completed and the backing removed, turn the fabric right side in and machine stitch a tube 1/4” wider than the height of the lettering.

Turn the tube right side out and machine stitch the ends together to create a closed circle.

Congratulations! Your project is complete.

Pre-Constructed Polar Fleece headband

Eddie Bauer (<http://www.eddiebauer.com>) or many other retail websites for outdoor clothing.

Polar Fleece:

Widely available at fabric stores, or online at:

<http://www.fabrics.com>